

PETMASSAGE PATCH REQUIREMENT SKILLS

# Soothe and Smooth Your Dog's Ruff-Ruff Spots with **PetMassage**

## Girl Scout JUNIOR, CADETTE & SENIOR Patch Requirements

*Cosmopolitan calls **PetMassage Therapist** a "Cool New Career"  
(June, 2005).*

*PetMassage Patch Program is a partnership between Girl Scouts of Maumee Valley Council  
and PetMassage, Ltd.*





## Soothe and Smooth Your Dog's Ruff-Ruff Spots with PetMassage.

Cosmopolitan calls **PetMassage Therapist** a "Cool New Career" (June, 2005). PetMassage is a skill you can use to help your dogs stay fit and happy. In 10 years PetMassage providers will be helping dogs in most of the veterinarian offices in the US. They will be working in doggie day cares, health spas, and kennels; with veterinarians and animal physical therapists in rehab centers and as private practitioners with their own set of clients. Learn the theories and practice of PetMassage *with your leaders* (?). The new DVD, PetMassage: A Kid's Guide: to Massaging Dogs. PetMassage is a great way to begin. Bring and practice with your favorite big stuffed animal.

Badge requirement skills: (Please indicate which would be what grade appropriate.)

Purchase of badge Kit: Video, patch and evaluation

Review video

Identify the following parts of a dog's body:

Nostrils, groove in midline of tongue, crest of the neck, throat latch, sternum, withers, ribs, point of the shoulder, elbow, dew claw, umbilicus, pads of paws, hips, stifle, hock, pastern, rear stopper pads

Identify 5 types of animal body language

Role playing: Walk like a dog. Sit like a dog. Pretend to eat like a dog. Show dog play posture.

Pretend to sleep like a dog. Show dominance posture. Show submissive posture.

Show fear posture. Show anger posture. Show how a dog licks his paw (his rear paw!)

Show how a dog scratches his ear. Why does he scratch his ear?

Identify 10 reasons to massage dogs, benefits

Identify why you have to get permission from the dog and how you know if he says "yes" or "no."

- Demonstrate vectoring
- Demonstrate assessment strokes
- Demonstrate back scratching
- Demonstrate grounding strokes

PetMassage is a skill you can use to help your dogs stay fit and happy. In a few years PetMassage providers will be helping dogs in most of the veterinarian offices in the US. They will be working in doggie day cares, health spas, and kennels; with veterinarians and animal physical therapists in rehab centers and as private practitioners with their own set of clients.

### **I SKILL DEVELOPMENT**

1. Each scout purchases and uses book, Dogs Kids PetMassage the DVD, PetMassage: A Kid's Guide to Massaging Dogs, and the PetMassage: Doggie Songs for Kids, CD. These will be necessary for continuing their learning at home with their family.
  - \*2. Identify the following parts of a dog's body:  
Nostrils, groove in midline of tongue, crest of the neck, throat latch, sternum, withers, ribs, point of the shoulder, elbow, dew claw, umbilicus, pads of paws, hips, stifle, hock, pastern, rear stopper pads.
  3. In a journal, research and answer the following questions:  
What is a bone?  
Draw a picture of a femur, upper leg bone.  
How does it fit in the hip socket?  
How many bones are in a dog's foot?  
How many ribs does a dog have?  
How many bones are in a dog's the tail?  
What is a joint? What does it look like? What does it feel like? What does it do?  
What is a ligament? What does it look like? What does it do?  
What is a muscle? What does it look like? What does it do?  
What is a tendon? What does it look like? What does it do?  
What is a nerve? What does it look like? What does it do?
  - \*4. Identify five (5) types of animal body language.
    - 1.
    - 2.
    - 3.
    - 4.
    - 5.
- \* indicates activity completed or partially completed in workshop.*
5. Observe and journal how a dog moves (you can role play or discuss your observations):  
  
Walk like a dog. Trot like a dog. Sit like a dog. Pretend to eat like a dog. Show dog play posture.  
  
Pretend to sleep like a dog. Show dominance posture. Show submissive posture.  
  
Show fear posture. Show anger posture. Show how a dog licks his paw (his rear paw!) Show how a dog scratches his ear. Why does he scratch his ear?

6. Identify ten (10) reasons/benefits to massage a dog.
  - 1.
  - 2.
  - 3.
  - 4.
  - 5.
  - 6.
  - 7.
  - 8.
  - 9.
  - 10.
  
- \*7. Identify why you have to get permission from the dog to give a massage and how you know if he says “yes” or “no.”
  
8. Demonstrate the following:
  1. Vectoring
  2. Assessment strokes
  3. Back scratching
  4. Grounding strokes
  5. Thymus thump
  
9. Compare and journal the quality of movement before and after massage (at least ½ hour before and ½ hour after massage).

## **II SKILL DEVELOPMENT**

**Complete two of the following activities:**

1. Bake dog biscuits, and donate them to the humane society, animal control (Dog Warden) or a dog care provider of your choice.
  
- \* 2. Tour 2 facilities that provide care for animals & journal your observations, thoughts and feelings. (Suggestions: Zoo, Veterinarian’s office, Doggie Day Care, Kennel, Pet Groomer, Obedience Trainer, Dog Walker, PetMassage, Ltd.)
  
3. Observe puppies being born and journal your thoughts and feelings.
  
4. Journal your memories and feelings about a pet who has recently died.

## **III SERVICE PROJECT**

**Complete two of the following service projects:**

1. Demonstrate a full body massage on your dog to scout leader.
2. Demonstrate a full body massage on friend's dog or other family member's dog.
3. Volunteer as dog walker in your neighborhood or at the humane society.

The book, Dogs Kids PetMassage, the DVD PetMassage A Kid's Guide to Massaging Dogs, PetMassage: Doggie Songs for Kids and PetMassage Patches and "official" certificates are available at PetMassage, Ltd. 2950 Douglas Road, Toledo, OH 43623. Call 800-779-1001, Email: [info@petmassage.com](mailto:info@petmassage.com).

Retail prices: \$1.99/book, \$1.99/DVD. \$1.99/CD and \$1.99/each patch. PetMassage, Ltd. strongly recommends purchasing a book, a DVD, an audio CD, and a patch for each scout in the troop to encourage ongoing PetMassage skills development. This will continue to enhance the bond between the scout and her dog.